



Bluefield Fitness & Recreation Center

Fitness & Recreation Center Guidelines



The Fitness & Recreation Center is a members only facility.

All members will be responsible for cleaning equipment before and after use

FACILITY USE GUIDELINES FOR MEMBERS:

FITNESS FLOOR

- 12-14 Years Old: Access to cardio and pin select machines with supervision
- 15 Years Old & Up: Access to cardio and pin select, free weight room without supervision

GROUP EXERCISE

- 12-14 Years Old: Access to all classes except cycle, boot camp, & ropes with supervision
- 13 Years Old & Up: Full access to all classes without supervision

POOL

- 6 Years Old & Under: Access with adult supervision
- 7-11 Years Old: Must pass a swim test and an adult in the facility
- 12 Years Old & Up: Full access without supervision

GYM

- 6 Years Old & Under: Access with adult supervision
- 7-11 Years Old: Access with adult in the facility
- 12 Years Old & Up: Full access without supervision

RACQUETBALL COURT

- 12 Years Old & Under: Access with adult supervision
- 13 Years Old & Up: Full access without supervision

CHILD WATCH

- 6 Months to 11 Years Old: Access with a parent in the facility for 1.5 hours max

Fitness & Recreation Center Amenities:

- Gymnasium
- Lap Pool
- Free Weights, Selectorized Weights, and Cardio equipment
- Group Exercise rooms and classes
- Circuit Room
- Racquetball Court
- Pickleball
- Child Watch (Monday - Thursday 5:00pm - 7:30pm)

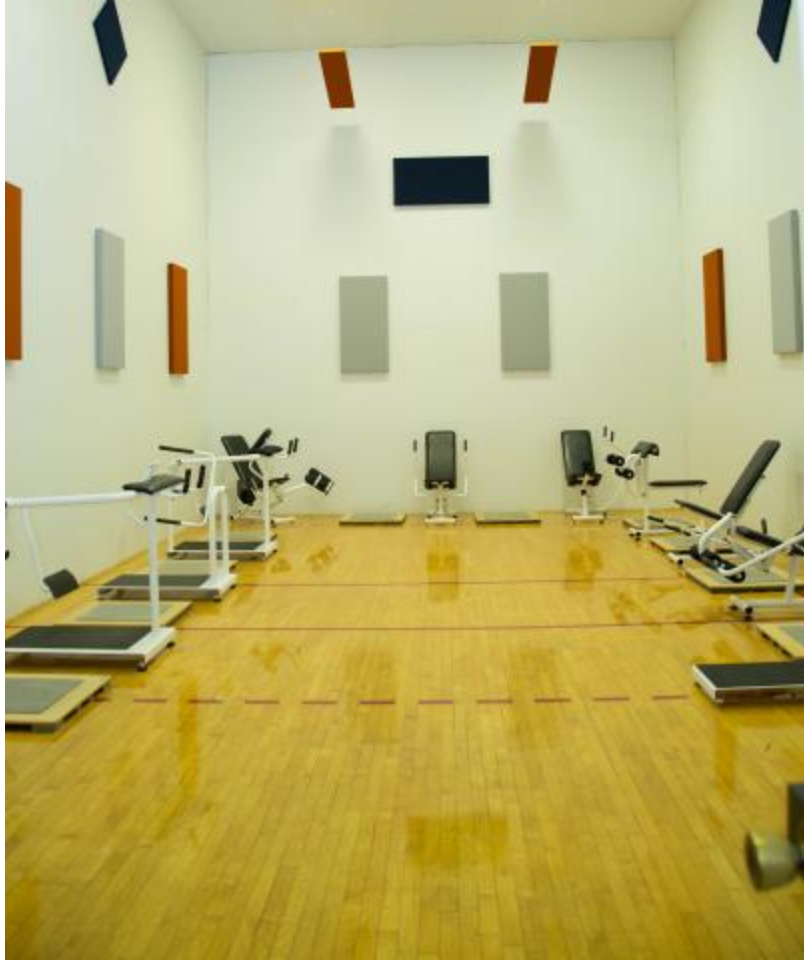


Holiday Closures:

- New Years Day
- Easter
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day
- Day after Thanksgiving
- Christmas Eve
- Christmas Day









Bluefield Fitness and Recreation Now open on Sundays 4.61 MB

march_fintess_classes_2024.jpg 345.35 KB

march_fintess_classes_back2024.jpg 540.03 KB

[View Slideshow](#)

march_gym_schedule_2024.jpg 462.98 KB

March Pool Schedule 2024 440.2 KB

[View PDF](#)

Bluefield Fitness Center
703 College Ave
Bluefield, WV 24701
United States

[View in Google Maps](#)