



The Fit Rec  
October 2018 Pool Schedule

SUN	MON	TUES	WED	THU	FRI	SAT
	1. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5PM Pool Closed 5 pm- 9 pm Open Swim	2. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	3. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5pm Pool Closed 5 pm- 9 pm Open Swim	4. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	5. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 PM Pool Closed 5 pm- 8 pm Open Swim	6. 7 am-2pm Open Swim 2 pm- 4:30 pm Pool Party
7. 1 pm- 5 pm Open Swim	8. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 pm Pool Closed 5 pm- 9 pm Open Swim	9. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	10. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 PM Pool Closed 5 pm- 9 pm Open Swim	11. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	12. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 pm Pool Closed 5 pm- 8 pm Open Swim	13. 7 am-2 pm Open Swim 2pm- 4:30 pm Pool Party
14. 1 pm- 5 pm Open Swim	15. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 PM Pool Closed 5 :15pm- 6:30 Swim Lessons/ Deep end open swim only 5 pm- 9 pm Open Swim	16. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	17. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 pm Pool Closed 5:15pm- 6:30 Swim Lessons/ Deep end open swim only 5pm- 9 pm Open Swim	18. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	19. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 PM Pool Closed 5pm- 8 pm Open Swim	20. 7 am-2 pm Open Swim 2 pm- 4:30 pm Pool Party
21. 1 pm- 5 pm Open Swim	22. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 pm Pool Closed 5 :15pm- 6:30 Swim Lessons/ Deep end open swim only 5 pm- 9 pm Open Swim	23. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	24. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 pm Pool Closed 5:15 pm- 6:30 pm Swim Lessons/ Deep end open swim only 5 pm- 9 pm Open Swim	25. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	26. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 pm Pool Closed 5 pm- 8 pm Open Swim	27. 7 am-2 pm Open Swim 2pm- 4:30 pm Pool Party
28. 1 pm- 5 pm Open Swim	29. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 pm Pool Closed 5:15 pm- 6:30 Swim Lessons/ Deep end open swim only 5 pm- 9 pm Open Swim	30. 11 am-3 pm Open Swim 3 pm-5 pm Closed 5 pm- 6 pm Deep Water Aerobics 5 pm-8 pm Open Swim	31. 6 am-10 am Open Swim 10 am- 11 am Shallow water aerobics 11 am-12 pm Open Swim 12 pm-5 pm Pool Closed 5:15 pm- 6:30 Swim Lessons/ Deep end open swim only 5 pm- 9 pm Open Swim			