



The Fit Rec

OCTOBER 2018 GYM Schedule

SUN	MON	TUES	WED	THU	FRI	SAT
	1 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	2 5 am-2 pm- Open Gym 2 pm-5pm- Teens 5:15pm- Close- Members Open Gym	3 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	4 5 am-2 pm- Open Gym 2 pm-6pm- Teens 6:30-Spartan 7:30pm- Close-Members Open Gym	5 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5pm-9pm-Open gym	6 7am-5pm- Open Gym
7 1pm-5pm- Open Gym	8 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	9 5 am-2 pm- Open Gym 2 pm-5pm- Teens 5:15pm- Close- Members Open Gym	10 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	11 5 am-2 pm- Open Gym 2 pm-6pm- Teens 6:30-Spartan 7:30pm- Close-Members Open Gym	12 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5pm-9pm-Open gym	13 7am-5pm- Open Gym
14 1pm-5pm- Open Gym	15 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	16 5 am-2 pm- Open Gym 2 pm-5pm- Teens 5:15pm- Close- Members Open Gym	17 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	18 5 am-2 pm- Open Gym 2 pm-6pm- Teens 6:30-Spartan 7:30pm- Close-Members Open Gym	19 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5pm-9pm-Open gym	20 7am-5pm- Open Gym
21 1pm-5pm- Open Gym	22 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	23 5 am-2 pm- Open Gym 2 pm-5pm- Teens 5:15pm- Close- Members Open Gym	24 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	25 5 am-2 pm- Open Gym 2 pm-6pm- Teens 6:30-Spartan 7:30pm- Close-Members Open Gym	26 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5pm-9pm-Open gym	27 7am-5pm- Open Gym
28 1pm-5pm- Open Gym	29 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	30 5 am-2 pm- Open Gym 2 pm-5pm- Teens 5:15pm- Close- Members Open Gym	31 5am-7am- Adult Open 7am-2pm-Open gym 2pm-5-Teens 5:15-6:45 Group Class 7pm-10pm-Open gym	Full Court Basketball on Monday, Wednesday, Friday ONLY		