

SUN	MON	TUES	WED	THU	FRI	SAT
					1 5am-9pm- All Day Open Gym	2 7am-4pm- Open Gym
3 1-3pm- Members Only Teens/Tweens Open Gym 3-5pm- Members Only Adult Open Gym	4 6:30-7:30—Open Gym 7:30am-1:30pm Adult Open Gym 1:30-5:15pm Teens/Tweens 5:15-6:30pm—Accelerate 6:30-10pm- Open Gym	5 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30pm- Teens/Tweens 5:30-10pm- Open Gym	6 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:15- Teens/Tweens 5:15-6:30pm- Accelerate 6:30-10pm- Open Gym	7 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30- Teen/Tweens 6-7pm- Spartan Fitness 7-10pm- Open Gym	8 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30pm- Teens/Tweens 5:30-9pm- Open Gym	9 7am-4pm- Open Gym
10 1-3pm- Members Only Teens/Tweens Open Gym 3-5pm- Members Only Adult Open Gym	11 6:30-7:30—Open Gym 7:30am-1:30pm Adult Open Gym 1:30-5:15pm Teens/Tweens 5:15-6:30pm—Accelerate 6:30-10pm- Open Gym	12 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30pm- Teens/Tweens 5:30-10pm- Open Gym	13 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:15- Teens/Tweens 5:15-6:30pm- Accelerate 6:30-10pm- Open Gym	14 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30- Teen/Tweens 6-7pm- Spartan Fitness 7-10pm- Open Gym	15 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30pm- Teens/Tweens 5:30-9pm- Open Gym	16 7am-4pm- Open Gym
17 1-3pm- Members Only Teens/Tweens Open Gym 3-5pm- Members Only Adult Open Gym	18 6:30-7:30—Open Gym 7:30am-1:30pm Adult Open Gym 1:30-5:15pm Teens/Tweens 5:15-6:30pm—Accelerate 6:30-10pm- Open Gym	19 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30pm- Teens/Tweens 5:30-10pm- Open Gym	20 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:15- Teens/Tweens 5:15-6:30pm- Accelerate 6:30-10pm- Open Gym	21 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30- Teen/Tweens 6-7pm- Spartan Fitness 7-10pm- Open Gym	22 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30pm- Teens/Tweens 5:30-9pm- Open Gym	23 7am-4pm- Open Gym
24 1-3pm- Members Only Teens/Tweens Open Gym 3-5pm- Members Only Adult Open Gym	25 6:30-7:30—Open Gym 7:30am-1:30pm Adult Open Gym 1:30-5:15pm Teens/Tweens 5:15-6:30pm—Accelerate 6:30-10pm- Open Gym	26 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30pm- Teens/Tweens 5:30-10pm- Open Gym	27 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:15- Teens/Tweens 5:15-6:30pm- Accelerate 6:30-10pm- Open Gym	28 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30- Teen/Tweens 6-7pm- Spartan Fitness 7-10pm- Open Gym	29 5am-12pm- Open Gym 12-1:30pm- Adults Only 1:30-3:30- Open Gym 3:30-5:30pm- Teens/Tweens 5:30-9pm- Open Gym	30 7am-4pm- Open Gym